

INVESTING IN THE FUTURE

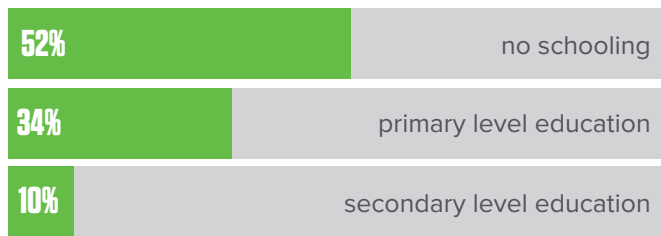
YOUTH AND FAMILY PLANNING
IN TANZANIA

WHAT'S HAPPENING NOW IN TANZANIA?

Nearly **1 in 4** young married women in Tanzania, ages 15 to 19, have a desire to use contraception, but are not currently using any method.



Early childbearing is linked to education level

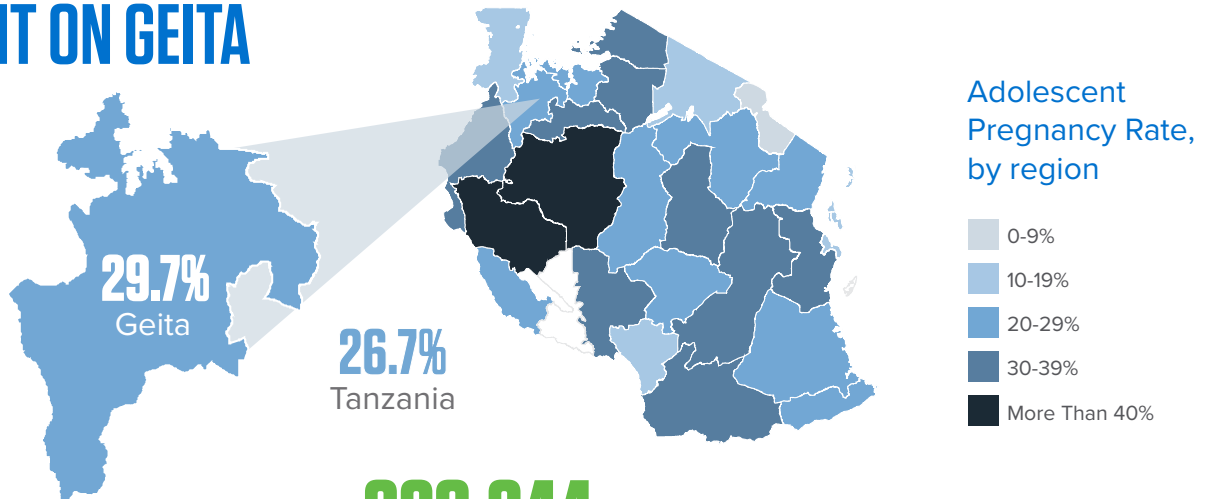


Universally, early childbearing before age 18 can make life **MORE DIFFICULT** for young women:

- Increased risk for health problems for the mother and newborn
- More likely to drop out of school
- Less likely to work
- Smaller social network
- Greater chance of single parenthood or divorce

SPOTLIGHT ON GEITA

Geita has a higher rate of **teenage pregnancy** than Tanzania as a whole



Investing in family planning services for the **329,344** young people in Geita will unleash their potential to contribute to Geita's economic development in the next decade.

WHAT CAN POLICYMAKERS DO?

- Support age-appropriate comprehensive sexuality education
- Collaborate with community and traditional leaders to address socio-cultural barriers
- Ensure youth-friendly services for family planning
- Include young people in designing and running family planning programs

INVESTING IN THE FUTURE

YOUTH AND FAMILY PLANNING IN TANZANIA

REFERENCES

Ministry of Health, Community Development, Gender, Elderly, and Children (MoHCDGEC) [Tanzania Mainland], Ministry of Health (MoH) [Zanzibar], National Bureau of Statistics (NBS), Office of the Chief Government Statistician (OCGS), and ICF International, Tanzania Demographic and Health Survey and Malaria Indicator Survey (TDHS-MIS) 2015-16 (Dar es Salaam, Tanzania and Rockville, Maryland: MoHCDGEC, MoH, NBS, OCGS, and ICF International, 2016).

M. J. Grant and K. K. Hallman, "Pregnancy-Related School Dropout and Prior School Performance in KwaZulu-Natal, South Africa," *Studies in Family Planning* 39, no. 4, (2008): 369-82; and Margaret Greene and Tom Merrick, "The Case for Investing in Research to Increase Access to and Use of Contraception Among Adolescents" (Seattle: PATH, 2015).

Ministry of Finance, NBS, and OCGS, Zanzibar Ministry of State, President Office, State House and Good Governance, Zanzibar, "Geita Region: Basic Demographic and Socio-Economic Profile, 2016," 2012 Population and Housing Census, March 2016.

Note: Youth refers to ages 15-24.

