

# INVESTING IN THE FUTURE

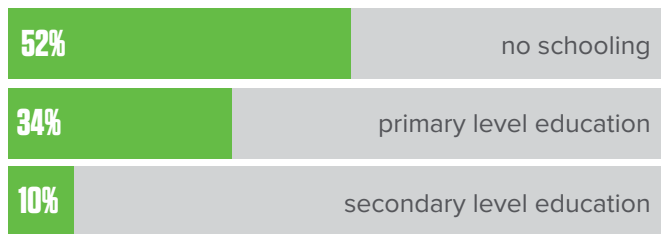
YOUTH AND FAMILY PLANNING  
IN TANZANIA

## WHAT'S HAPPENING NOW IN TANZANIA?

Nearly **1 in 4** young married women in Tanzania, ages 15 to 19, have a desire to use contraception, but are not currently using any method.



### Early childbearing is linked to education level

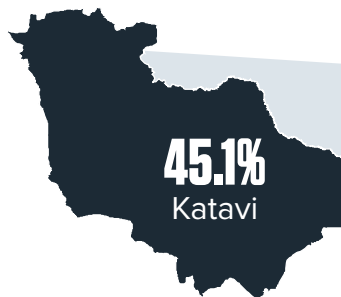


Universally, early childbearing before age 18 can make life **MORE DIFFICULT** for young women:

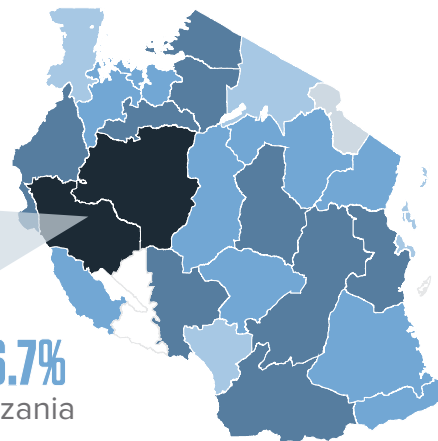
- Increased risk for health problems for the mother and newborn
- More likely to drop out of school
- Less likely to work
- Smaller social network
- Greater chance of single parenthood or divorce

## SPOTLIGHT ON KATAVI

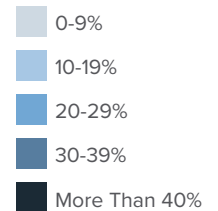
Katavi has the highest rate of **teenage pregnancy** in Tanzania.



26.7%  
Tanzania



Adolescent  
Pregnancy Rate,  
by region



**104,924**

Investing in family planning services for the **104,924** young people in Katavi will unleash their potential to contribute to Katavi's economic development in the next decade.

## WHAT CAN POLICYMAKERS DO?



Support age-appropriate comprehensive sexuality education



Collaborate with community and traditional leaders to address socio-cultural barriers



Ensure youth-friendly services for family planning



Include young people in designing and running family planning programs

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### REFERENCES

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**Note:** Youth refers to ages 15-24.

