

# INVESTING IN THE FUTURE

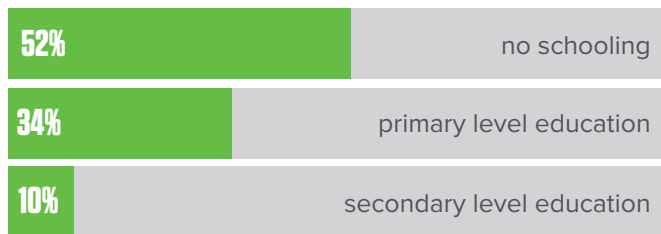
YOUTH AND FAMILY PLANNING  
IN TANZANIA

## WHAT'S HAPPENING NOW IN TANZANIA?

Nearly **1 in 4** young married women in Tanzania, ages 15 to 19, have a desire to use contraception, but are not currently using any method.



### Early childbearing is linked to education level

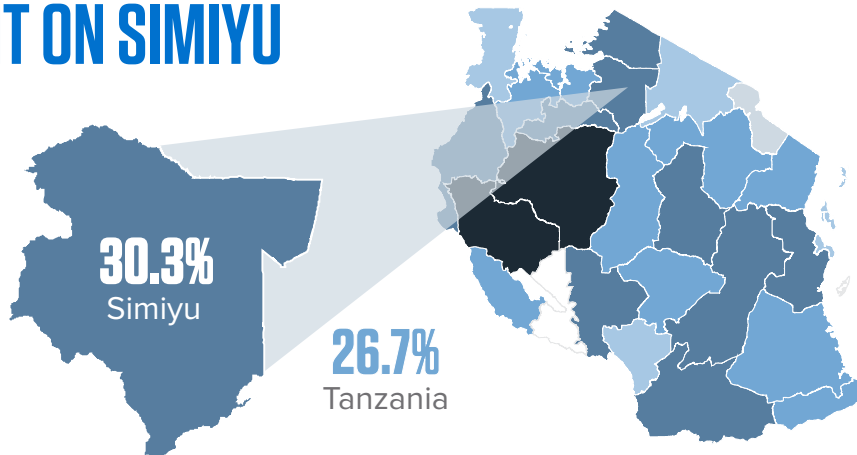


Universally, early childbearing before age 18 can make life **MORE DIFFICULT** for young women:

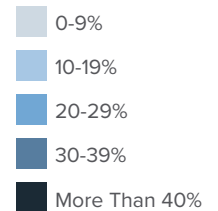
- Increased risk for health problems for the mother and newborn
- More likely to drop out of school
- Less likely to work
- Smaller social network
- Greater chance of single parenthood or divorce

## SPOTLIGHT ON SIMIYU

Simiyu has a higher rate of **teenage pregnancy** than Tanzania as a whole







Adolescent Pregnancy Rate, by region



Investing in family planning services for the **296,272** young people in Simiyu will unleash their potential to contribute to Simiyu's economic development in the next decade.

## WHAT CAN POLICYMAKERS DO?

-  Support age-appropriate comprehensive sexuality education
-  Collaborate with community and traditional leaders to address socio-cultural barriers
-  Ensure youth-friendly services for family planning
-  Include young people in designing and running family planning programs

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## REFERENCES

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**Note:** Youth refers to ages 15-24.

