

KABALE DISTRICT

Improve Youth-Friendly Health Services

An illustration of a nurse in a white uniform and cap talking to a young woman in a grey top and blue skirt. A speech bubble from the nurse says, "Ayebare, you are too young. I will not give you family planning." A thought bubble above the young woman says, "What do I do now?"

Ayebare, you are too young. I will not give you family planning.

What do I do now?

An illustration of a young woman in a grey top and blue skirt talking to a young man in a green polo shirt and dark pants. A speech bubble from the man says, "When I went to the clinic, the staff told my parents!"

When I went to the clinic, the staff told my parents!

SIX MONTHS LATER...

An illustration of a young man in a green polo shirt and dark pants standing next to a young woman in a grey top and blue skirt who is pregnant. A speech bubble from the woman says, "Oh no! I'm pregnant."

Oh no! I'm pregnant.

Without access to family planning, many young women in Kabale District experience unplanned pregnancies.

A white icon of a pregnant woman inside a white circle, set against a teal background.

16% of women ages 15-19 have begun childbearing.

Girls who stay in school longer are less likely to become pregnant early.

TEENAGE GIRLS WHO HAVE BEGUN CHILDBEARING

| Education Level | Percentage |
|-------------------------------|------------|
| No education | 35% |
| Primary school | 29% |
| Secondary school | 17% |
| More than secondary schooling | 11% |

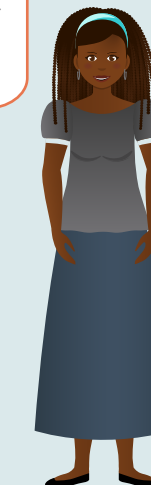
An illustration of a nurse in a white uniform and cap.

Health care providers who receive youth-friendly service training treat young people with respect and support their needs. Young people become more comfortable seeking services and more likely to access family planning.

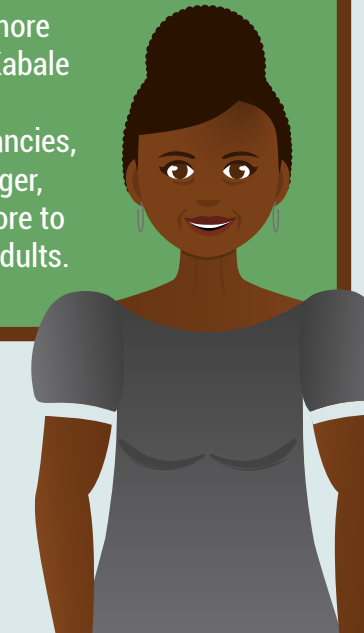
IF PROVIDERS WERE TRAINED...



Let me tell you about the different family planning methods.



With greater access to family planning, more young people in Kabale District can avoid unplanned pregnancies, stay in school longer, and contribute more to the economy as adults.



Decisionmakers have a responsibility to ensure that all health services in Kabale District are youth-friendly.



DECISIONMAKERS SHOULD:

Prioritize funding for public-sector health care providers' training on youth-friendly services in the 2020-2021 district budget.

DECISIONMAKERS SHOULD:

Include youth-friendly services training in health care providers' existing refresher trainings.

DECISIONMAKERS SHOULD:

Educate communities on the importance of making health facilities youth-friendly.

SOURCES

Population Reference Bureau and the International Youth Alliance for Family Planning, "Empowering Evidence-Driven Advocacy Among Youth Ages 15 to 24 in Kampala, Kabale, and Mayuge Districts," unpublished research, October-November 2018.

Uganda Bureau of Statistics (UBOS) and ICF, Uganda Demographic and Health Survey 2016 (Kampala, Uganda and Rockville, MD: UBOS and ICF, 2018).

